

TURSKA'S REVISED LIQUID EXTRACT COMPOUND

Description: Supports normal healthy female glandular tissue structure and function.*

Suggested use:

Take 30-60 drops, 2 times a day.

Ingredients: Vitex agnus-castus (chaste tree), Chamaelirium luteum (false unicorn), Arctium lappa (burdock), Ceanothus americanus (red root), Serenoa repens (saw palmetto), Phytolacca americana (poke root), Zanthoxylum (southern prickly ash), Baptisia tinctoria (wild indigo), Gelsemium sempervirens (yellow jasmine), Iris versicolor (blue flag), Zingiber officinale (ginger), Aconitum napellus (monkshood).

Caution & Words of Wisdom:

This formula is contraindicated in pregnancy. (Almost all of the plants in this formula fall into this category.) It is also contraindicated in people with cardiac weakness. Iris can cause gastro-intestinal irritation. A few of these plants are known to cause headaches. If any of these symptoms occur, the patient should contact their healthcare provider immediately. Some people are sensitive to the ingredient Phytolacca americana (poke) and will experience a friable (burning) sensation in and around the mouth. In that situation, have the patient stop taking Turksa's. It may take as long as 2 weeks for this sensation to completely resolve.

Dose Duration (pdf)

